



# Tools For Action

A sample of physical education initiatives in Wisconsin

## Out Door Adventure

### Contact Information

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### Program Information

<b>Program Name</b> Out Door Adventure
<b>Program Category</b> Innovative teaching strategy (new or unique games, curricula, etc.)
<b>Grade Level</b> High School (9-12)
<b>Assessment Method</b> Impact on knowledge and or attitudes (test scores); Number of materials provided (information distributed)

## Program Information

### Products Developed or Materials Used:

We've used many materials provided by UW LaCrosse to get started with the outdoor adventure in this district. A brochure is put together to advertise our climbing wall, low and high elements.

### Program Description:

We received a PEP Grant so we developed a K-12 outdoor adventure unit to be taught to all students at each grade level.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at [jon.hisgen@dpi.state.wi.us](mailto:jon.hisgen@dpi.state.wi.us)

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at [brian.weaver@dpi.state.wi.us](mailto:brian.weaver@dpi.state.wi.us)

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: [Meineam@dhfs.state.wi.us](mailto:Meineam@dhfs.state.wi.us) (Amy Meinen, Nutrition Coordinator)  
[Morgaig@dhfs.state.wi.us](mailto:Morgaig@dhfs.state.wi.us) (Jon Morgan, Physical Activity Coordinator)  
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